

# Healthy Relationships/Congregations Teleclasses With Martha Creek

6 Sessions, call in 712-432-0080, pin code 568230#

Monday evenings at 9:00 p.m. EST

MARK THESE DATES:

4/27, 5/18, 6/22, 7/20, 8/17, 9/21

MarthaCreek, Certified Facilitator

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Healthy Congregations is a series of 6 workshops. The workshops are designed precisely for a time of rapid changes. It is a new way of thinking about both the congregation as a whole, the leadership and individual realization. These workshops enable participants to: Gain a renewed sense of purpose and mission; cultivate leadership capacities; develop healthy patterns of relationships; learn to focus on strengths, resources and options for the future; boost confidence in responding to life's challenges and opportunities; learn to lead with calm connectedness; guide the system/ministry toward healthy functioning.

We will gain skill and mastering in our personal relationships and life as well as our ministries.

## OLD PAINFUL WAY

Deny differences  
Focus on weaknesses  
Focus on issues  
Deny conflict exists  
Act rigidly  
Depend on skill & techniques  
Stay judgmental & secretive  
Willful transactions  
Dominate or "cure" others  
Isolated Living  
Stay Stuck

## NEW PEACEFUL WAY

Accept differences  
Focus on strengths  
Focus on interests  
Value process  
Respond creatively  
Practice presence  
Openly communicate  
Win/Win transactions  
Empower self/thers  
Collaborative living  
Transcendence